



**НАЦИОНАЛЬНЫЙ
ЦЕНТР ЭКСПЕРТИЗЫ**

лекарственных средств и медицинских изделий

ISSN 2310-6115

ФАРМАЦИЯ КАЗАХСТАНА

#2 АПРЕЛЬ 2022 Г.

**ҚАЗАҚСТАН ФАРМАЦИЯСЫ
PHARMACY OF KAZAKHSTAN**

НАУЧНО-ПРАКТИЧЕСКИЙ, ИНФОРМАЦИОННО-АНАЛИТИЧЕСКИЙ ЖУРНАЛ ФАРМАЦИИ И ЗДРАВООХРАНЕНИЯ



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РГП на ПХВ «Национальный центр экспертизы лекарственных средств
и медицинских изделий» Комитета медицинского и фармацевтического контроля
Министерства здравоохранения Республики Казахстан

Главный редактор

Р.С. Кузденбаева

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пр. Абылай хана, 63, оф. 305,
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Министерством культуры,
информации и общественного согласия
Республики Казахстан.

Свидетельство об учетной регистрации №3719-Ж от 19.03.2003 г.

Контактные телефоны:

+7 (727) 273 11 45

Подписной индекс: 75888

Ответственность за рекламу несет рекламодатель.

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В журнале используются фотоматериалы и изображения из открытых интернет источников.

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УДК 614.2
DOI

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CORE COMPETENCIES OF NURSES IN THE CONTEXT OF GLOBAL HEALTH

Resume. There are guidelines for integrating global health into the educational process in nursing education all over the world. Several studies have been conducted that define global competencies in the field of healthcare, which require increasing the knowledge of health workers in this matter.

Objective: To study the level of the most common core competencies and knowledge in the field of global health of practicing nurses in Almaty.

Material and method: We conducted a cross-sectional study with a quantitative description of knowledge and experience in the application of global competencies. Using a rigorous process, we adapted the Global health Knowledge and Experience Survey to collect data from the participants, who were 54 nurses working in Almaty city policlinics, Kazakhstan.

Results: The results showed that nurses have limited knowledge in the field of competencies related to global health and are ready to be trained to apply these skills.

Key words: nurse competencies, nurse education, global competencies, global health.

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ӘЛЕМДІК ДЕНСАУЛЫҚ САҚТАУ КОНТЕКСТІНДЕГІ МЕДБИКЕЛЕРДІҢ НЕГІЗГІ ҚҰЗЫРЕТТІЛІГІ

Түйін. Дүние жүзінде мейірбике ісі бойынша білім беру үдерісіне жаһандық денсаулықты енгізу бойынша нұсқаулар бар. Осы мәселе бойынша денсаулық сақтау мамандарының білімін жақсартуды талап ететін жаһандық денсаулық сақтау құзыреттерін анықтайтын бірнеше зерттеулер жүргізілді.

Зерттеудің мақсаты: Алматы қаласындағы тәжірибелік мейірбикелердің жаһандық денсаулық саласындағы ең көп таралған негізгі құзыреттіліктері мен білімдерінің деңгейін зерттеу.

Материалдар мен әдістер: Біз жаһандық құзыреттерді қолданудағы білім мен тәжірибенің сандық сипаттамасымен көлденең зерттеу жүргіздік. Қатаң процесті пайдалана отырып, біз Қазақстанның Алматы қалалық емханаларында жұмыс істейтін 54 медбике болған қатысушылардан деректерді жинау үшін денсаулық

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ОСНОВНЫЕ КОМПЕТЕНЦИИ МЕДСЕСТЕР В КОНТЕКСТЕ ГЛОБАЛЬНОГО ЗДРАВООХРАНЕНИЯ

Резюме. Во всем мире в обучении медсестер существуют руководства по интеграции глобального здравоохранения в образовательный процесс. Проведены несколько исследований, которые определяют глобальные компетенции в области здравоохранения, которые требуют повышения знаний медработников в данном вопросе.

Цель исследования: Изучить уровень наиболее распространенных основных компетенций и знаний в области глобального здравоохранения практикующих медицинских сестер в г.Алматы.

Материалы и методы: Нами проведен кросс-секционное исследование с количественным описанием знаний и опыта применения глобальных компетенций. Нами был адаптирован глобальный опросник знаний и опыта в области здравоохранения.

сақтау саласындағы білім мен тәжірибенің жаһандық сауалнамасын бейімдедік.

Нәтижелер: Нәтижелер медбикелердің денсаулық сақтаудың жаһандық құзыреттері туралы білімі шектеулі екенін және осы дағдыларды қолдану үшін оқытуға дайын екенін көрсетті.

Түйінді сөздер: мейірбикелік құзыреттілік, мейірбикелік білім, жаһандық құзыреттілік, жаһандық денсаулық.

Introduction

Great progress has been made in defining global competencies for healthcare professionals in the field of healthcare [1]. Worldwide, global health competencies have been defined for all levels of medical training, including nurses. In addition, competencies for interprofessional education were defined [2].

Several studies have been conducted that define global competencies in the field of healthcare, which do not have a theoretical basis [3].

Global health models are being developed that will focus on the competencies of nursing in the field of global health [4]. In 2009, researchers Coplan and others developed a general definition of global health, which reads as: Global health is an area of study, research and practice in which priority is given to improving health and achieving health equity for all people around the world [5].

In global health, special attention is paid to transnational health problems, determinants and solutions [6].

Global health encompasses many disciplines within and outside the health sciences and promotes interdisciplinary collaboration and is a synthesis of prevention at the population level with clinical care at the individual level. All this is closely interrelated with the development of nursing science [7].

Grootjans, Newman (2013) and Merry (2012) described nursing globally as reflecting the values of social justice and equity, prevention, sustainability, advocacy, holistic care and sustainability [8].

The six core values and principles of nurses, regardless of their level of education, can be used as the basis for basic global health competencies. They are as follows:

1. Social justice and equality. Ethical codes for nurses consider social justice to be one of the important principles and responsibilities of nurses (American Nurses Association, 2015). The Nursing Code does take into account the ongoing concern for social justice at all levels. This is aimed at improving the conditions that are the cause of diseases, illnesses and injuries. Recognition of the value and dignity of all with whom a nurse comes into contact and the provision of quality nursing care in accordance with the standards of the profession is a fair treatment of a nurse [9].
2. Comprehensive care. According to the World Health Organization (WHO, 1978), the definition of health includes the

Участниками были 54 медсестры, работающие в городских поликлиниках Алматы, Казахстан.

Результаты: Результаты показали, что медсестры имеют ограниченные знания в области компетенций, связанных с глобальным здравоохранением и готовы пройти обучение для применения данных навыков.

Ключевые слова: компетенции медсестер, обучение медсестер, глобальные компетенции, глобальное здравоохранение.

concepts of physical, mental and social well-being. However, Merry (2012) stated that the concept of health depends more on holistic care, quality of life and well-being. This is due to the fact that much attention is paid to the quality of life and well-being, as advanced technologies still cannot cope with many global diseases. Therefore, the introduction of holistic care in the competence of a nurse will benefit the patient by meeting medical, human and spiritual needs through the recognition of human rights, the empowerment of social systems and the recognition of human dignity [10].

3. Protecting the interests of patients. Nursing is necessarily connected with the protection of the interests of patients. In global health, nurses, as global citizens, protect not only the health of patients and communities, but also the wider population. In addition, nurses advocate for the health of the entire planet, since the health of people, ecosystems and animals are necessary to achieve the health of the planet [11]. Long-term health risks associated with violence, climate change, poverty, and multiple environmental disasters are critical global issues. The goals of action at the local and global levels to combat poverty, injustice, hunger, violence and the catastrophic consequences of climate change are of direct importance for nursing at the local and global levels. This propaganda should be aimed at ensuring the competence of nurses, maximizing their role, expanding the capabilities of nurses through cooperation and the application of evidence-based practice [11, 12].

4. Ensuring the human right to health. The Code on the Health of the People and the Health System, and the Universal Declaration of Human Rights of the United Nations (1948) regulates the human right to health. «Everyone has the right to a standard of living adequate for the health and well-being of himself and his family, including food, clothing, housing, medical care and necessary social services». International and national organizations have made a statement supporting the concept of health as a human right, in order to strengthen the perception of health, it is necessary to include the concept of human rights in the definitions of health and global health [13].

5. Stability. In their review of the literature on nurses and globalization, Grootjans and Newman (2013) found that resilience is one of the common attributes of nursing practice in a globalized world [14]. Low coverage of the population by nurses due to insufficient staff, migration of nurs-

es and their re-specialization are among the problems affecting the sustainability of nursing. The sustainability of the profession also depends on the ability of nurses to monitor their health [15].

6. Cooperation. Communication skills and the ability to cooperate in global initiatives are the most important issue that takes into account cultural differences, territorial or national characteristics, as well as language differences. This is especially true for countries with a large land area and multi-nationality [16]. The Institute of Medicine (2011) recommended that nurses work in an interdisciplinary team, including patients, family members, health care providers, so-

cial workers, public health workers, etc. This will help solve the problem of the shortage of nurses and maximize the use of available resources in the healthcare system [17].

According to the Salidat Kayirbekova National Research Center, there is a shortage of more than 12 thousand medical workers in Kazakhstan. State planning of personnel training for the healthcare system allows rational and reasonable use of budgetary funds for the training of future specialists for the industry. the number of secondary medical personnel (per 10,000 people of the corresponding population) in all departments of the Republic of Kazakhstan is growing slowly [18, 19, 20].

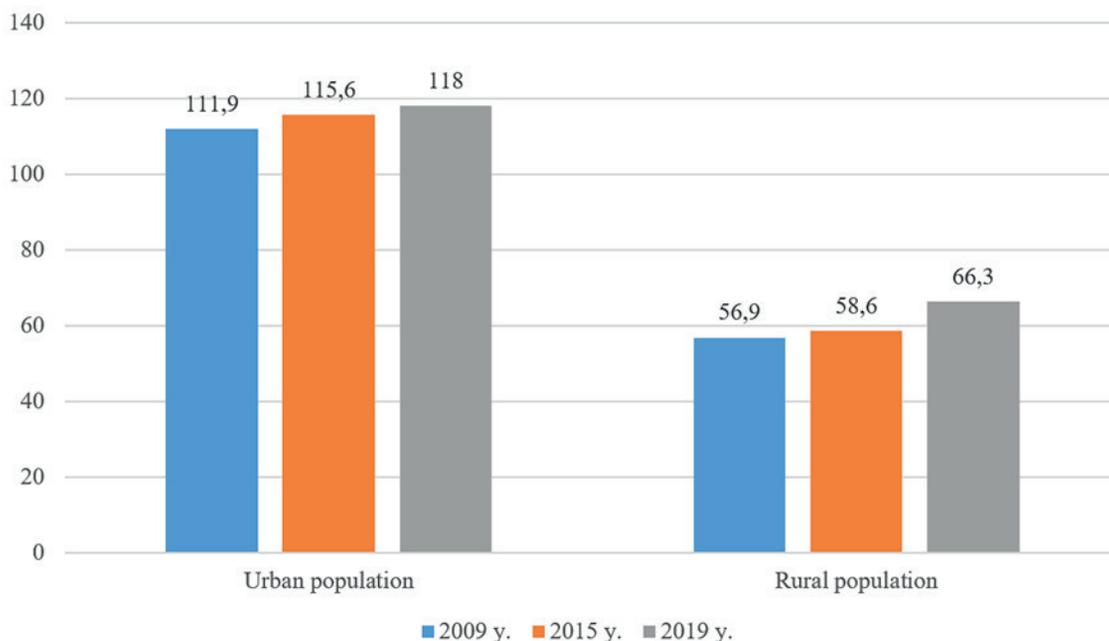


Figure 1 – The number of secondary medical personnel in all departments of the Republic of Kazakhstan in all departments of the Republic of Kazakhstan

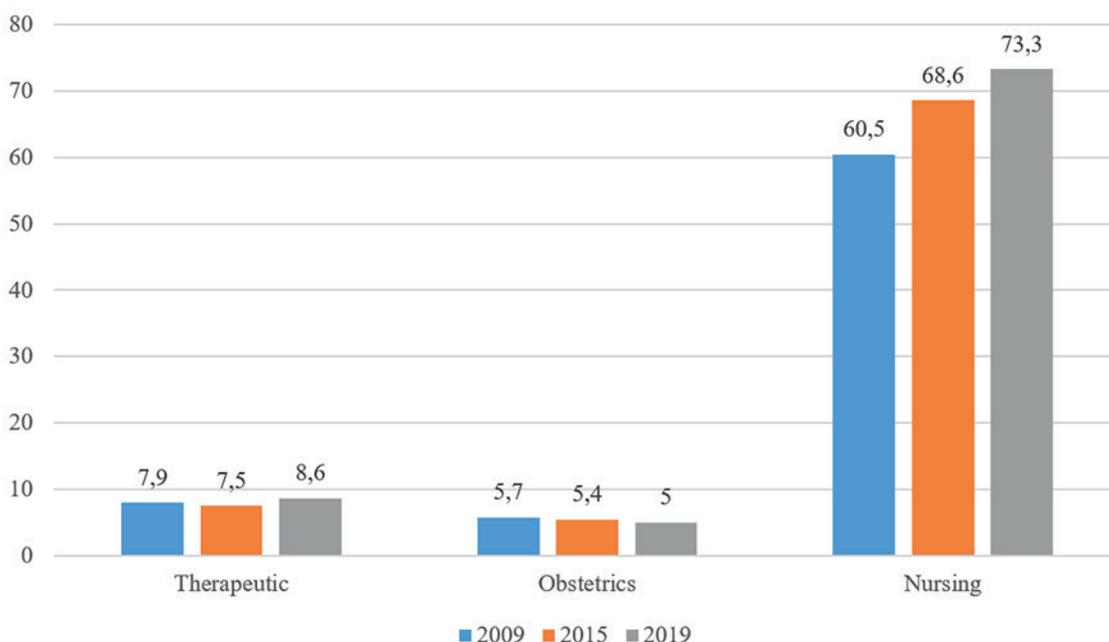


Figure 2 – Indicator of the provision of the population with average medical staff (per 10,000 people of the population) of the main specialties

The dynamics of the growth of secondary medical personnel among the urban and rural population over 10 years (2009-2019) is shown in Figure 1.

The dynamics of the provision of the population with average medical personnel of the main specialties in the Republic of Kazakhstan also shows a weak growth over a 10-year period (2009-2019). This is shown in Figure № 2.

Materials and Methods

This paper presents a cross-sectional study with a quantitative description of the knowledge and level of readiness

in the field of core competencies of nurses in the context of global health. A survey of 54 nurses of polyclinics in Almaty with more than 5 years of experience was conducted to study the need for knowledge and application of global competencies by nurses.

The structured questionnaire consisted of 21 items divided into 3 sections: demographic data, the need to gain knowledge about nurse competencies in the context of global health and the application of competencies in practice. The demographic section included the participants' place of

Table 1 – Demographic characteristics of nurses who participated in the study

Variable	Quantity	%
Age:		
≤27 years	12	22,2
26–35 years	26	48,1
36–45 years	14	25,9
≥46 years	2	3,8
Work experience:		
5 –10 years	25	46,3
11–20 years	19	35,2
21 years and more	10	18,5
Level of professional education:		
Secondary specialized	49	90,7
Bachelor course	5	9,3
Master degree	0	0
Post:		
District nurse	37	68,5
Managing Nurse	17	31,5
Training during:		
Less than 1 year	15	27,8
1 - 5 years	39	72,2
≥ 5 years	0	0

Table 2 – The need to acquire knowledge on the concepts of global competencies

The concept	I need	I do not need	I find it difficult to answer
Social justice and equality	44	2	8
Holistic care	48	0	6
Protecting the interests of patients	46	6	2
Ensuring the human right to health	39	10	5
Stability	54	0	0
Cooperation	28	6	10

Table 3 – Experience in applying global competencies, n (%)

Literacy experience in global competencies	never	sometimes	often	always
How often have issues of social justice and equality been applied in your nursing work?	2 -3,70%	22 -40,70%	18 -33,30%	12 -22,20%
How often do you apply holistic care to patients?	0	2 -3,70%	14 -25,90%	38 -70,40%
How often do you advocate for the interests of patients?	2 -3,70%	5 -9,30%	16 -29,60%	31 -57,40%
How often do you work to ensure the human right to health?	6 -11,10%	12 -22,20%	17 -31,50%	19 -35,20%
How often do you assess the sustainability of your activities?	21 -38,90%	18 -33,30%	10 -18,50%	5 -9,30%
How often do you cooperate with different societies (patients, relatives, different specialists, organizations, etc.)	5 -9,30%	8 -14,80%	19 -35,20%	22 -40,70%

work, age, education, position, completed training and work experience (Table 1).

The section studying the need for knowledge acquisition included 6-point questions to determine the need for additional training on the main global competencies in the field of healthcare. On the question: «Do you need training in this concept?», we received answers: I need, I do not need and I find it difficult to answer. The experience of applying global competencies was studied on a six-point scale using the Likert scale: 1 = never, 2 = sometimes, 3 = often and 4 = always. The survey took about 15 minutes to complete.

Descriptive statistics were used for demographic data. For data related to the knowledge of global competencies of nurses, the proportions of answer options in each item were calculated. Average values, standard deviations (SD) and the range of scores for each of the five content areas and proportions for all alternative answers in each question are calculated for the data on the readiness to apply competencies.

Results

The age of the participants ranged from 27 to 52 years (on average 33.6 ± 6.5 years). The participants reported that they had 5 to 28 years of experience as a nurse (on average 9.8 ± 6.5 years). Demographic data are presented in Table 1.

A sociological survey of nurses on the need to gain knowledge on the concepts of global competencies and global health issues showed that, on average, in 79.9% of cases, respondents needed training in these concepts and com-

petencies. The number of responses is shown in Table 2.

According to the results of the assessment of literacy experience in global competencies, 22.2% of respondents always advocate for social justice and equality in health and support initiatives that contribute to meeting social needs. 2 people (3.7%) have never dealt with this issue.

On the application of competence in complex care, 70.4% of nurses replied that they always demonstrate it when working in any conditions. 35.2% of respondents answered that they always support human rights to health. 40.7% of respondents believe that they always participate in interprofessional cooperation (with the participation of patients and different specialists). The proportions of the answer options for each of the six points in section 3 are presented in Table 3.

Discussion

The core competencies of nurses in a global context provide the foundation for global health education in nursing and lays the foundation for research exploring the interrelationship of concepts. In addition, the structure links basic nursing values with the acquisition of skills.

The problems of global health and the competence of nurses are conceptually inseparable. Improving global health requires closing the gap between vast domestic and global health inequalities.

It is necessary to encourage nursing schools and health managers to train future nurses with core competencies in a global context and invest in nursing training and research programs.

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Авторлардың үлесі. Барлық авторлар осы мақаланы жазуға тең дәрежеде қатысты.

Мүдделер қақтығысы – мәлімделген жоқ.

Бұл материал басқа басылымдарда жариялау үшін бұрын мәлімделмеген және басқа басылымдардың қарауына ұсынылмаған.

Осы жұмысты жүргізу кезінде сыртқы ұйымдар мен медициналық өкілдіктердің қаржыландыруы жасалған жоқ.

Қаржыландыру жүргізілмеді.

Вклад авторов. Все авторы принимали равносильное участие при написании данной статьи.

Конфликт интересов – не заявлен.

Данный материал не был заявлен ранее, для публикации в других изданиях и не находится на рассмотрении другими издательствами.

При проведении данной работы не было финансирования сторонними организациями и медицинскими представительствами.

Финансирование – не проводилось.

Authors' Contributions. All authors participated equally in the writing of this article.

No conflicts of interest have been declared.

This material has not been previously submitted for publication in other publications and is not under consideration by other publishers.

There was no third-party funding or medical representation in the conduct of this work.

Funding - no funding was provided.

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Ф А Р М А К О П Е Я



ЕВРАЗИЙСКОГО ЭКОНОМИЧЕСКОГО СОЮЗА



ВОЗРОЖДЕНИЕ ЧУВСТВ ОБОНЯНИЯ НАЧИНАЕТСЯ, ДЫШИТЕ КОМФОРТНО И ГЛУБОКО!

Apisal Dead Sea Jet, спрей назальный, 125 мл для взрослых и детей представляет собой изотонический раствор воды Мертвого моря, обогащенный минералами, такими как Na, K, Mg, Ca, Br и Zn

Благодаря наличию минералов, морская вода оказывает смягчающий эффект на слизистую оболочку верхних дыхательных путей и оказывает противовоспалительное действие

Область применения:

- профилактика и лечение острых и хронических воспалительных заболеваний полости носа, околоносовых пазух и носоглотки инфекционные, аллергические, атрофические
- ежедневное использование во время эпидемии сезонного аллергического ринита и гриппа (профилактика)
- ежедневная гигиена полости носа

Регистрационное удостоверение РК-ИМН-5N*020954. Дата государственной регистрации (перерегистрации): 28.08.2020 г., действительно до: 28.08.2025 г.

Побочные действия (воздействие, индивидуальная непереносимость): Не выявлены.

Противопоказания для применения: Нет ограничений по применению продукта.

Производитель: Amman Pharmaceutical Industries, Иордания. Уполномоченный представитель производителя на территории РК: ТОО «R.T.A. GROUP», Республика Казахстан, г. Алматы, Алмалинский район, микрорайон Таста-3, ул. Аносова, д. 34, кв.34, тел.: +7 701 953 82 57

САМОЛЕЧЕНИЕ МОЖЕТ БЫТЬ ВРЕДНЫМ ДЛЯ ВАШЕГО ЗДОРОВЬЯ ПЕРЕД НАЗНАЧЕНИЕМ И ПРИМЕНЕНИЕМ
ВНИМАТЕЛЬНО ПРОЧИТАТЬ ИНСТРУКЦИЮ ПО МЕДИЦИНСКОМУ ПРИМЕНЕНИЮ



Amman Pharmaceutical Industries
شركة عمان للصناعات الدوائية